

STAGE D'ÉTÉ À DINARD

18–24 JULY 2027

EXPERIENCED FENCERS AGED 12 TO 17

PROGRAMME

CERCLE D'ESCRIME MELUN VAL DE SEINE

Presentation

The Cercle d'Escrime Melun Val de Seine (CEMVS) is one of the most prestigious and renowned fencing clubs in France. Many French champions have been trained at this club and continue to be so. We are delighted to announce our summer 2027 training camp, aimed at French and international foil fencers.

The CEMVS offers a high-quality programme designed to help participants develop the essential techniques required for fencing. This camp is the ideal way to enjoy a pleasant holiday whilst practising your favourite sport as part of a high-quality training programme developed by professionals. What makes this camp unique is that it offers participants the incredible opportunity to compete against and learn from the best young French fencers of today, as well as instructors with top-level professional experience.

Throughout the training camp, participants will have the opportunity to develop, through a variety of activities, the psychomotor skills essential to the practice of fencing. The aim will be to enhance the quality of daily training and to prepare athletes effectively for competition. Topics such as managing downtime, analysing opponents, refereeing and tactics will be covered throughout the camp. The qualifications and expertise of the
coaches, as well as the presence of young international athletes, are the key strengths of this programme.

Foil fencers will also have the opportunity to train and interact directly with international champions and elite athletes from the CEMVS, such as Wallerand Roger, Eliot Chagnon, Paul-Antoine De Badts, Marion Rousseau and Emily Parra (subject to their international commitments at that time).

The CEMVS training course also offers a programme of physical conditioning and strength training under the guidance of a fitness coach who is experienced in working with elite athletes.

Who is it for ?

This camp is aimed at foil fencers **aged 12 to 17** (born between 2010 and 2015). Groups will be formed based on the participants' age and technical and physical ability, whilst also taking into account each individual's pace and capabilities. Providing high-quality sporting support is our priority.

Place and date

The course will take place at the Sport Bretagne campus in Dinard (24 Rue des Marettes, 35800 Dinard) from 18 to 24 July 2027.

Participants are expected to arrive on 18 July 2027 from 1.00 pm. The camp will begin at 3.00 pm and end on 24 July at 1.00 pm. Participants must vacate the premises at this exact time.

Language spoken

The course will be taught mainly in French and English. However, one of the fencing instructors is fluent in Italian and Spanish.

More informations

Fencing equipment and sportswear are the responsibility of each fencer.

Fencers interested in taking part should contact the CEMVS for further information and to book their place on the course. To secure your place, please contact the CEMVS directly at:

stages.cemvs@gmail.com
or
09 84 59 14 73

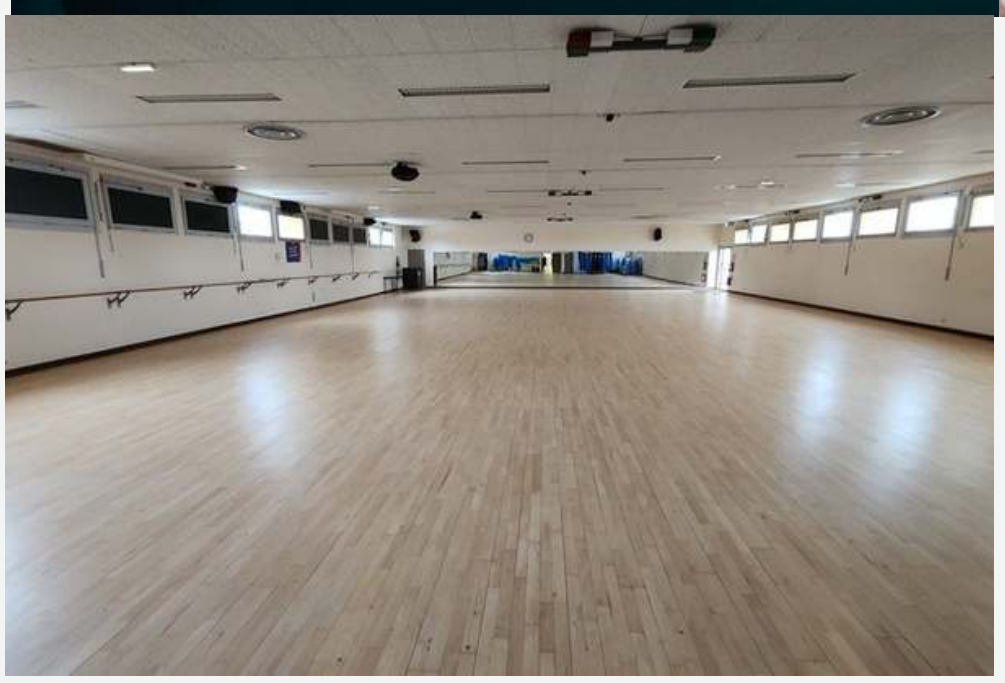
We recommend that you register early, as places are limited to 30 participants.

Sports facilities

Trainees will have access to the sports centre, which comprises a multi-purpose sports hall and a fitness room.







Link to find out about other sports facilities.

Scan the QR code to watch the video of the installations!

Accomodation

The Dinard site has two accommodation blocks, situated opposite each other in a peaceful setting and fully refurbished in 2016: the Granville and the Marettes. Both blocks are located at the heart of the site. Girls and boys will be accommodated separately, in twin rooms.
Bed linen is provided.





For further information on accommodation, please visit the website:
Sport Bretagne

Catering

During the course, your children will have their meals in the centre’s dining area. This area offers a friendly setting that is well suited to communal living. Meals are served as a buffet, seven days a week, including breakfast, lunch and dinner. Every day, the menus will be varied, based on fresh, seasonal produce, with a focus on locally sourced ingredients and organic farming. Vegetarian options are also available on a regular basis.





Staff



Catherine COOK

Fencing master

- Coach at CEMVS since 2017.
- Member of the Great Britain national fencing team from 2011 to 2016.
- Bronze medallist at the 2014 Commonwealth Games in both the individual and team events.
- Great Britain team champion in 2014.
- Runner-up at the British Championships in 2016.
- Speaks English fluently.

Jesus RIANO TORRES

Fencing master



- Coach at CEMVS since August 2021.
- Former assistant coach at Pôle Espoir France in Châtenay-Malabry, working with the junior and cadet men’s teams.
- Head coach at the Annemasse Fencing Club from 2017 to 2021.
- Fencing master at Scherma Bari in Italy between 2016 and 2017.
- Fencing instructor at Scherma Lima in Peru in 2016.
- Member of the Cuban national fencing team from 2005 to 2015.
- Team captain between 2009 and 2015.
- Fluent in Spanish, Italian, French and English.

A fencing coach, a fitness coach and an international athlete will join the team, depending on the number of participants.

Fees, registration and transport

The course fee is **750 EUROS**. This fee covers accommodation and meals. Activities other than fencing and evening entertainment are included in the fee. CEMVS members are eligible for a preferential rate (details available on request).

It is the trainees' responsibility to make their own way to the course venue:
By car, directly to the campus. By train to Saint-Malo station.
Options for getting to the campus:

- Taxi: 18-minute journey;
- Ferry from Saint-Malo to Dinard : 10-minute journey and a 15-minute walk;
- Bus: 40-minute journey

By plane:

- Dinard Pleurtuit Airport (from the UK) and a 10-minute taxi ride
- Rennes Airport, then a train to Saint-Malo

Cancellation of the camp

The course will only go ahead if a minimum number of participants is reached. In the event of insufficient numbers or if health conditions so require, the CEMVS reserves the right to cancel this course before 30 June 2027. In such cases, the course fees will be refunded in full to participants.

In case of cancellation at least 60 days before de beginning of the camp, €185 would be retained by the CEMVS. In case of cancellation between 60 days prior to the start of the camp and 1 July, €375 will be retained by the CEMVS. From 1 July till the start of the camp, the full amount of the camp €750 will be retained by the CEMVS.

Photos des éditions précédentes :



